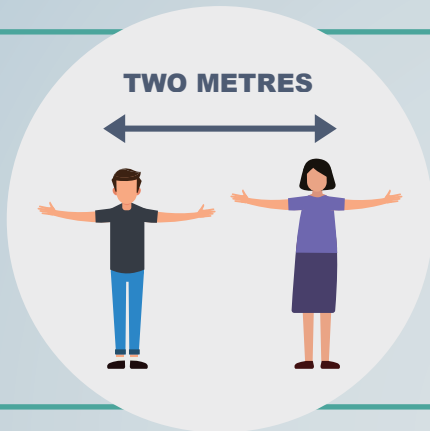


COVID-19

HOW TO PRACTICE PHYSICAL DISTANCING

STAY HOME AS MUCH AS POSSIBLE.

Stay home when you are sick.



KEEP TWO METRES BETWEEN YOURSELF AND OTHERS.

LIMIT CONTACT WITH OTHERS WHEN OUTSIDE YOUR HOME.



USE VIRTUAL OPTIONS TO CONNECT WITH OTHERS.

AVOID GREETINGS LIKE HANDSHAKES AND HUGS.



Learn more about COVID-19 at fraserhealth.ca/COVID19