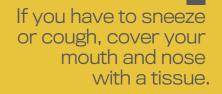
## PROTECT THE HEALTH OF OTHERS!

## Respiratory hygiene







Dispose of soiled tissues in the trash.

If you do not have a tissue, turn your face into your shoulder or the bend of your elbow to sneeze or cough.

Wash your hands often. If soap and water are not available, use an antiseptic product.





Tehsakotitsén:tha Kateri Memorial Hospital Centre

covid-19.kmhc.ca